

Kitchen Cupboard

Lesley Chesterman

Planeta extra-
virgin olive oil,
\$21.99/500 mL

I've consumed more than two bottles of this Sicilian oil since I first received a sample in December. I can't get enough of it. With its vibrant golden-green colour and a fresh bouquet of grass, citrus, artichokes and olives, olives, olives, this oil will enhance everything from soups to salads to grilled veg, or even a scoop of vanilla ice cream with fresh strawberries. It has a delicate taste with little of that throat-burning acidity. Extracted by first cold press right in the middle of the olive grove, it's rich in nutrients and sunny aromas.

Available at most gourmet grocery stores as well as IGA Extra and Metro Plus.

